## Safety regulations and guidelines for sailing yachts



Kim Klaka

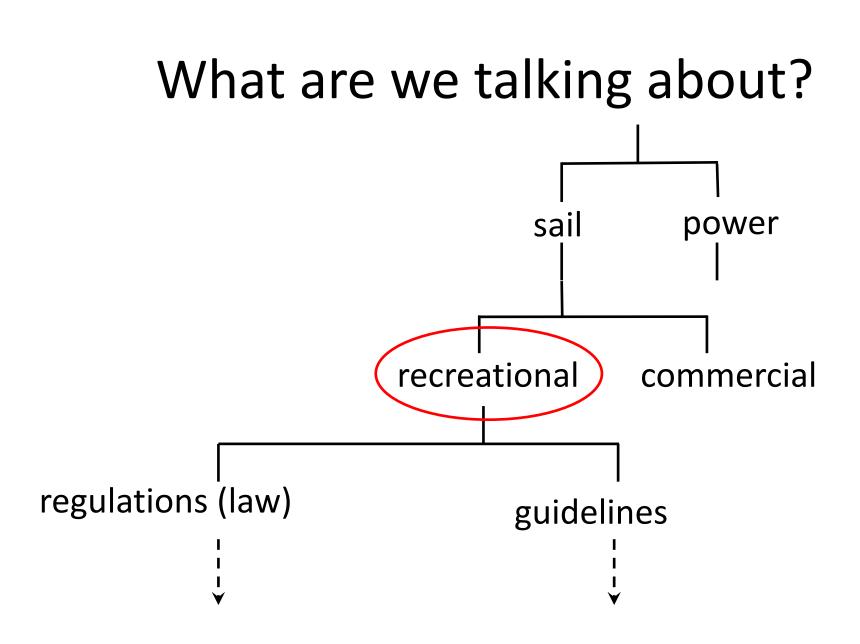
## **Basic belief**

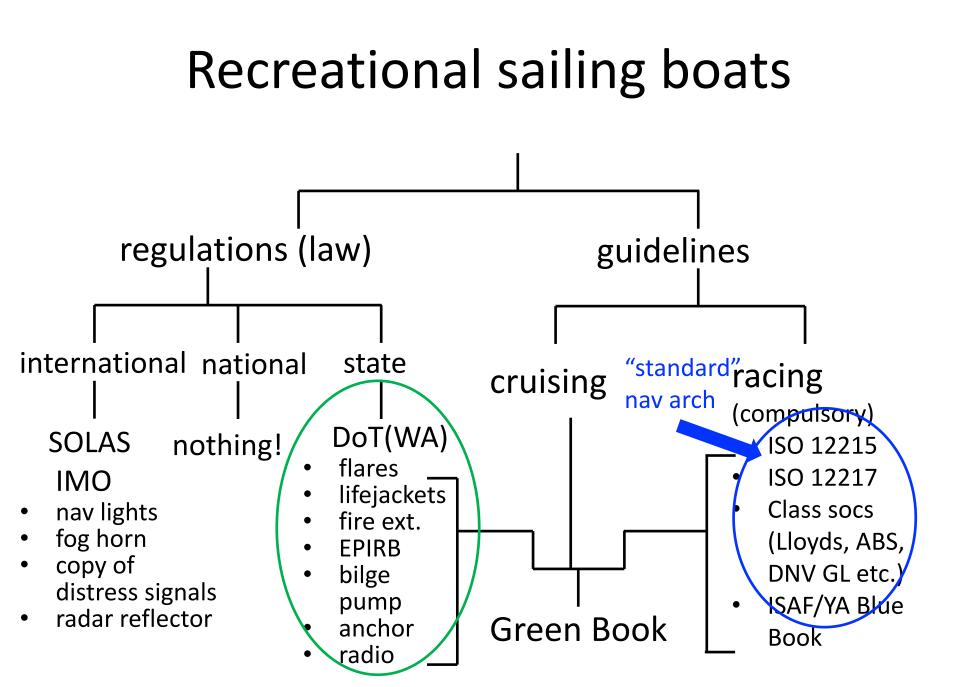
Safety guidelines and regulations must:

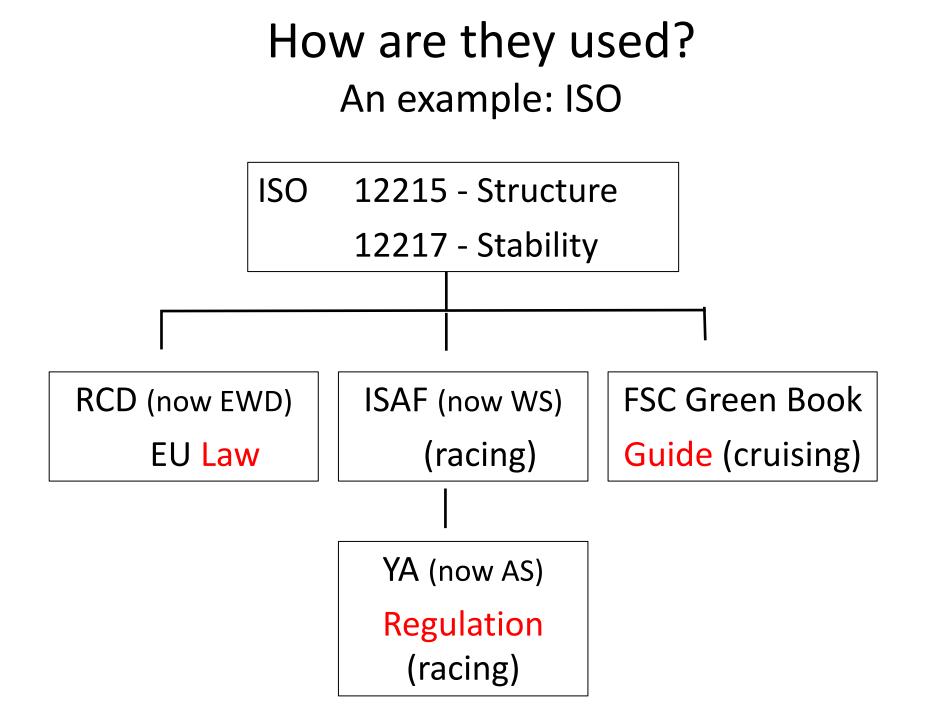
- a) Improve overall safety AND
- b) Not make things worse in some circumstances

# Outline

- What rules and guides are out there?
- How are they used?
- Does legislation work?
- Guiding principles
- Where do guidelines and rules go wrong?
- So what? conclusions







## Incorrect use of standards

"ISO 12215-7 was made to be used as a discussion tool between a notified body and a builder/designer to help CE marking cruising or sports boats. It frequently ends with a discussion, where the quality and experience of the builder gets <taken> into account. Applying it for ISAF without changing a word is 'crazy'. It would needs dozens of interpretation to end with its fair application."

Source: Personal communication from ISO Standards committee member, Aug 2014.

## Legislation: does it work? Yes

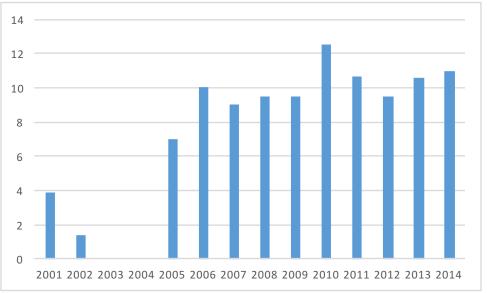
Marine Safety Victoria introduce compulsory wearing of lifejackets in Dec 2005:

- pre Dec 2005 12 % of boaters wore lifejackets
- post Dec 2005 55 % of boaters wear lifejackets

Source: "Get on board with life jackets" http://www.lib.uts.edu.au/gta/14037/get-on-board-life-jackets

*However,* this was at the same time as an education campaign. Was the behaviour changed by legislation or education?

## Legislation: does it work? No

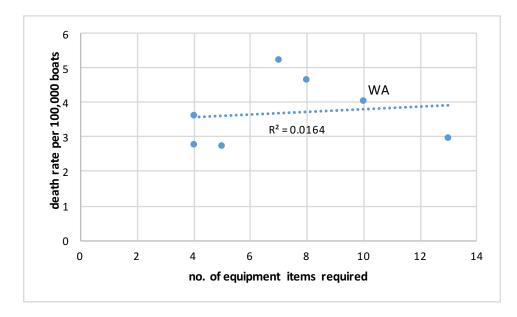


#### Number of reported incidents on the water per 10,000 registered recreational vessels

RST was compulsory for age 14-25 by April 2007 RST was compulsory for everyone by April 2008 Introduction of penalty for non-reporting 2011

Sources: 2000-2003: Pikora T.J. & Cercarelli L.R. UWA Injury Research Centre report RR154, Oct 2004 2005 onward: DoT annual reports

## Legislation: does it work? Or is it just irrelevant?



## Basic belief:

Safety guidelines and regulations must:

- a) Improve overall safety AND
- b) Not make things worse in some circumstances

# **Guiding principles**

- Good rules must encourage safe behaviour.
- Circumstances dictate "best" choice -> skipper must be allowed to decide.
- Operator behaviour/knowledge is more important than equipment.
- Regulations should be evidence-based (but there is very little hard evidence.)

# Personal freedom v. duty of care

"Every West Australian has the right to go to sea and drown themselves".

- But does the skipper have the right to endanger their crew?
- Does the crew have responsibility for their own safety?

Big questions!

# Occupational Health and Safety (OHS): Differences with recreational boats

- Strong voluntary component of activity (volenti non fit injuria)
- No financial reward, so no contract
- Duty of care is limited, blurred, shared

- 1. Typecasting one size doesn't fit all
- 2. Ill-informed
- 3. Technology lag
- 4. Awareness and trade-offs
- 5. Blinkered view
- 6. Legacy it was always thus
- 7. Marketing confusing the message

Where and why things go wrong 1. Typecasting. One size doesn't fit all: Trampoline lashings.....



## Where and why things go wrong 1. Typecasting. One size doesn't fit all: Fitting a trysail....



Where and why things go wrong 2. Ill-informed: medical kit in YA Blue Book (regs for racing yachts 2013-2017)

Oxycodone suppositories (per rectum) 30 mg (e.g. Proladone)

- Should be 10mg dose. Many people are over-sedated on 25mg, and others can always take two 10mg tablets if required.
- The temperature/environment on a yacht is likely to melt them and lose effectiveness. 5mg tablets are available, which do not melt.

Prochlorperazine suppositories 25 mg (e.g. Stemetil)

• Prochlorperazine suppositories are either not being stocked or manufactured.

3. Technology lag: distress signals....

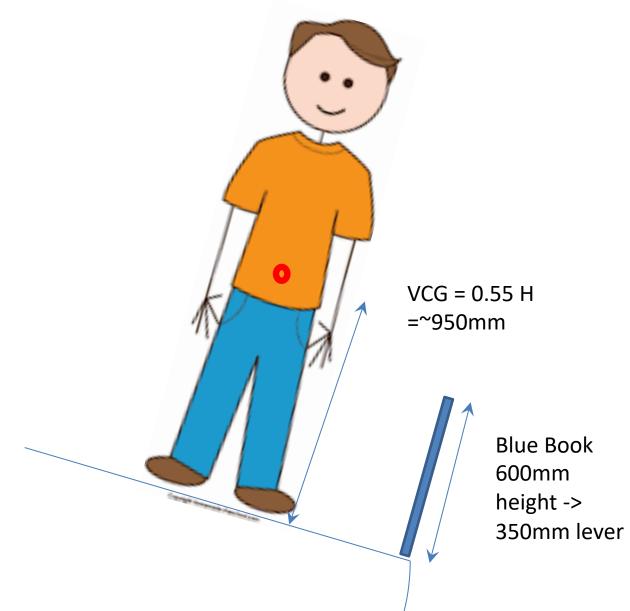


4. Awareness and trade-offs: harness tethers.....



5. Blinkered view: wearing lifejackets

6. Legacy – it was always thus: stanchion height.....



Green Book 750mm height -> 200mm lever

#### 6. Legacy – it was always thus: stanchion height.....



#### Why things go wrong 7. Marketing – confusing the message a) advertising that doesn't work



#### Why things go wrong 7. Marketing – confusing the message b) advertising that works

I am your Lifejacket.

When we are on the water, I will make you feel safe. And when we are in the water, I will keep you alive. I will stop you from panicking. I will stop you from panicking. I will keep you afloat. Even in rough weather. Even if you are unconscious. I will support and protect you until help arrives. All this I will do for you if you do one thing for me. Please, put me on.





Where and why things go wrong. 8. No idea why: flotation....

#### YA regs (Blue Book) on flotation For multihulls:

- "Adequate watertight bulkheads and compartments in each hull shall be provided to ensure that a multihull is effectively unsinkable and capable of floating in a stable position with at least half the length of one hull flooded" (3.05.1)
- "A hull shall have a watertight bulkhead either within 15% of LOA from the bow...." (3.05.4)

#### And for monohulls:

• Nothing!

So why do YA safety regs require flotation for multihulls (which probably float) but not for monohulls (which probably sink)?

## Conclusions

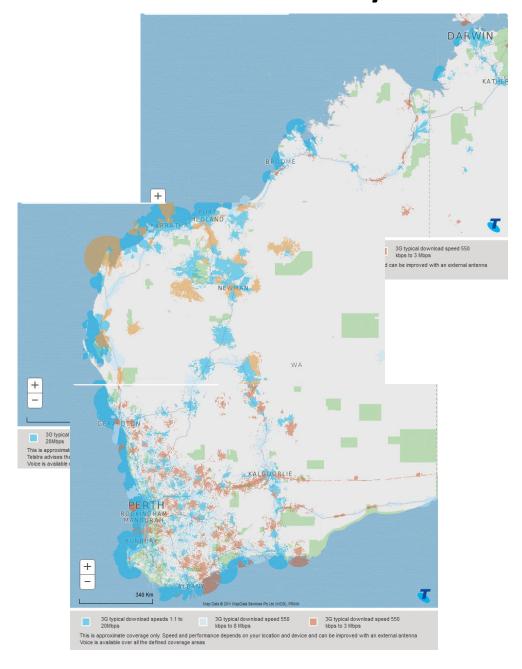
- Regulations do not of themselves make things safer.
- Changing behaviour is the goal and the correct behaviour depends on the circumstances.
- Black and white does not work, different circumstances require non-prescriptive regulations ("deemed to satisfy" options).
- Naval architects have a professional obligation to contribute to improving guides and regs.



# Contentious areas some examples

- Comms: VHF/27MHz/mobile/satphone
- POB: AIS v PLB

#### Telstra 3G device only



## Telstra 3g: external aerial

